

**4 June 2014 Edition 14 Healthwatch Camden
eNews**

Welcome to our eNews round-up of health and social care news, events and consultations in Camden.

Community Engagement

Healthwatch Camden Board of Trustees Meeting (in public)

In March 2014 the Board of Trustees of Healthwatch Camden started holding quarterly meetings in public. The meetings are free for the public to attend and at the end of each meeting there's an opportunity to ask questions relating to the agenda.

The next public meeting is on: Monday 30th June, 6.30 - 8.30pm

Venue: Arlington Conference Centre, 220 Arlington Road, London, NW1 7HE

We'll publish the papers for the meeting on our [website](#) before the meeting, including minutes from the previous meeting.

Attendance is limited, so book early to reserve a place. Email: info@healthwatchcamden.co.uk by Monday 18th June 2014.

Please also indicate any access requirements.

Out and about in the community!

We've been active in the local community including visiting the Marie Curie Cancer Care Centre to discuss how we can engage with hospice users as well as participating in PLACE assessments and site visits. We also trained and supported volunteers at enter and views at Great Ormond Street hospital. We also met with Camden Council to discuss the council's engagement work and our work at Gospel Oak.

We regularly engage with local organisations, groups and individuals, to make sure that local people's voices are heard on health and social care services in Camden.

We've got a new video on our Youtube channel where organisations who've worked with us talk about what we've achieved together. See it [here](#).

Volunteers

Why not volunteer for us and be part of our growing team? Visit our [website](#) for more details.

Surveys and campaigns

The Care Quality Commission published a report on Harmoni

The Care Quality Commission has today published a report on Harmoni - North Central London, run by Harmoni HS Ltd. The report highlights good practice in a number of areas, including, robust systems in place to ensure that important information is distributed, read and understood by relevant staff, and action plans implemented and reviewed in a timely way, with a continuous audit.

Inspectors suggested the service could improve by providing more health promotion leaflets in waiting areas, and providing clearer information about the availability of chaperones. To see the report, click [here](#).

Local groups in our community

National Care Home Day

As part of the second National Care Home Open Day, on June 20, 2014, care homes across the country will open their doors to visitors. Local people are invited to meet residents and learn more about care homes. To find out more about events in the local area visit the National Care Home Open Day [website](#).

Solutions 4 Health have been commissioned to provide free local NHS services

Camden Public Health has commissioned Solutions 4 Health to provide free and local NHS Health services for everyone in the Camden area. The NHS Health Check is a free 20 minute assessment available for Camden residents age 40-74 years (or 30+ if South

Asian), who have not had a NHS Health Check in the last five years and are not currently diagnosed with, or taking medication for any cardiovascular condition.

The NHS Health Check is designed to identify early symptoms and reduce the risk of stroke, diabetes, heart disease and kidney disease before conditions have a chance to develop. For more information please visit their [website](#). Or if are interested in hosting events, contact George Boorman on george.boorman@solutions4health.co.uk or call 07825 706 875.

Mental health Service-users and carers of Camden

Camden clinical commissioning group (CCG) were given funds to improve mental health care in Camden. A transformation programme will take place over the next five years. It is Camden CCG's wish to include service users and carers at every stage of the design and delivery of mental health services. They have a project to find out how service users and carers would like to be involved, and also how they would like to be paid/rewarded for that involvement.

Service-users and carers are encouraged to complete an online [survey](#). Contact Jo Thompson at jthomp04@mail.bbk.ac.uk for further information.

Camden in focus photography contest

[Camden Council](#) is hosting a local photography contest. They're inviting locals to capture photos - it could be family, friends, neighbours, your favourite place or something in your neighbourhood that you're proud of. The best photographs will be exhibited during a week of events in September. If your work is exhibited, you'll receive a large framed print of your image. To enter, and get more information, contact camdeninfocus@camden.gov.uk

Clean Break Information day

[Clean Break](#) - a theatre company with an independent education programme is holding a workshop which explores their practice. There's a morning session, and in the afternoon lunch will be served and then students will perform and give testimonials. To register your attendance contact, <mailto:education@cleanbreak.org.uk>

Date: Friday 20th June

Time: From 11 -1.15pm for service Providers and at
1.15 - 3pm for service users

Dates for your diary

Sensory Needs Forum Meeting

[Camden's Sensory Needs Forum](#) is holding a meeting to cover updates and feedback about support for D/deaf, hard of hearing and visually impaired residents. They will also give an overview of Camden Sensory needs resources and give an update on the Joint Strategic Needs Assessment. BSL interpreters will be in attendance and a Speech-To-Text reporter.

If you or anyone you know is interested in attending, contact: Call Rena Toufexis, on 020 7974 3265 or text only 07917559419. Or email rena.toufexis@camden.gov.uk.

Date: Wednesday 18 June

Time: 6-8pm

Location: Charlie Ratchford Centre, Belmont Street,
London NW1 8HF

Camden Carers Service

To mark Carers' Week 2014, [Camden Carers Service](#) is organising a week of activities from 9 - 15 June.

Activities include:

- Wednesday 11 - Health and Wellbeing Fayre, 11 - 3.30pm at Centre 404, 404 Camden Road, N7 OSJ
- Thursday 12 - Creative Memory Project, street party, 1.30 - 4.30pm
- Friday 13 - Walk and picnic in Regent's Park, 11 - 2pm

All the events are free. For information and to book call 020 7428 8950/55 or email info@camdens.org.uk. For a full list of their events visit their [website](#).

UCL Partners Group Multiple sclerosis (MS) Research Day

The [UCL Partners MS Group](#) is holding their 5th MS Research Day. It's an opportunity for People with MS, family, friends and carers to get an update of current advice and guidance for self-management and details of what is happening in research.

There's an opportunity to meet MS Health Care Providers in an informal setting. To find out more, and to register visit the [website](#).

Date: Saturday 14th June 2014

Time: It's from 9.30am-4.30pm

Location: Grange St Paul's Hotel, 10 Godliman St,
London EC4V 5AJ

'Challenge the Care Quality Commission (CQC)' event

The [All Party Parliamentary Health Group](#), and Dr Sarah Wollaston MP is holding a 'Challenge the CQC' event. It's an opportunity for patients, medical professionals and the public to put questions to a panel from the

CQC, including CQC Chairman David Prior and Professor Steve Field, Chief Inspector of General Practice on their work and its impact on primary and integrated care.

Register your interest with Sam Wakeham,

sam.wakeham@parliament.uk / 020 7219 5129

Date: Wednesday 11 June 2014

Time: 1.30pm

Location: Committee Room 10, House of Commons.
Entrance via Cromwell Green

Please allow 20 minutes to pass through security.

Kentish Town Festival 2014

It's the season for the Kentish Town Festival, and a chance to bring Camden's diverse community together. So, if you'd like to hold a stall, help out on the day, or perform, contact: isabelle@ktcc.org.uk.

Date: Saturday 28th June

Time: 12.30 - 6.30pm - Free

Bangladeshi Mental Health and Wellbeing Forum

The Bangladeshi Mental Health and Wellbeing Forum are holding their next meeting today. They will also host a Dementia Friends Information Session at the meeting. This short interactive session will look at key messages about dementia and what it might be like to live with the condition. To attend, contact Ann Wolfe on 020 7284 6565.

Date: Wednesday 4th June

Time: 2.30 - 5pm

Venue: Surma Community Centre, 1 Robert Street, London NW1 3JU.

Did you know?

New nursing code: Patients asked to help shape draft

Patients and the public are encouraged to have their say over what standards nurses and midwives should abide by. The Nursing and Midwifery Council (NMC) is drafting a new version of its code, which sets out standards of conduct, performance and ethics. To find

out more see this [article](#). It will say patients should be treated with kindness, consideration and respect.

Care and support minister Norman Lamb article Care and Support Minister Norman Lamb published an article about the impact of the Care Act 2014. In it he says that it represents the most significant reform of care and support in more than 60 years. See it [here](#).

Transport for London - no cash policy

From Sunday 6 July, all transport for London buses will be cash free. This means that you will not be able to use cash to pay for your bus fare. Instead of cash, you can use an Oyster or contactless payment card to pay as you go, or a Travelcard. For more information visit their [website](#).

Healthwatch Camden needs you!

If you have any comments on health and social care in Camden, or want to share best practice, please let us know. Your input is important and we're here to speak to you. You can now also speak to us in real time on our [blog](#).

Best wishes from the Camden Healthwatch team!

[Frances Hasler - Director](#)

[Carl Mills - Business Co-ordinator](#)

[Shelly Khan - Community Engagement and Volunteer Manager](#)

[Lindiwe Maghubela - Communications Manager](#)

[Katie Chruszcz - Policy and Insight Manager](#)

To get real time updates on what we're up to...

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To submit an entry for the next edition, please send an

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